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Creation of the FAME Creative Fashion Construction and Design Course Trainers' Toolkit

Resources Pack

Project Title: FAME (Fashion eMpowers NEETs)

Programme: Erasmus+

Work Package 2: Conceptual and Analytical Framework, and FAME Creative Fashion Construction and Design Course Development

Project website: <https://thefameproject.eu/>

Facebook: @fameproject

LinkedIn: <https://www.linkedin.com/company/fame-fashion-empowers-neets/>

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Module 1: Clothing Construction Techniques

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Session 2: Measurements, Pattern Literacy and Fabric Planning

Session 3: Pattern Layout, Cutting, Marking and Sewing

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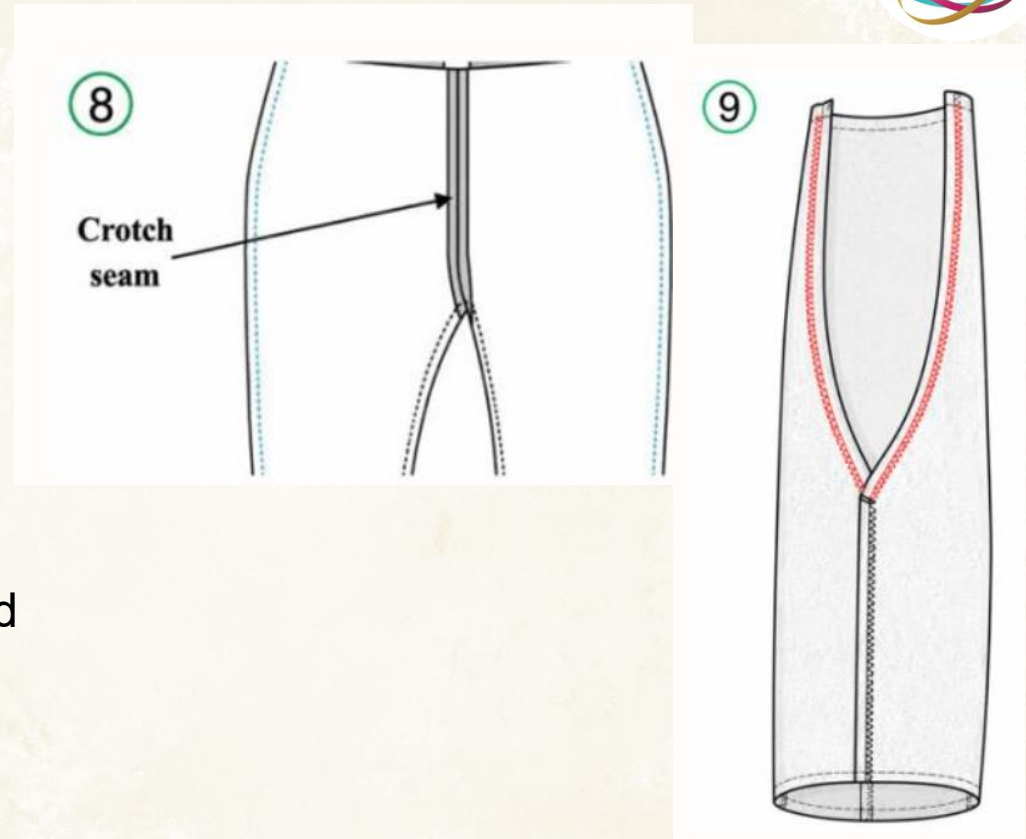


Session 4: Shaping, Construction Workflow, Joining Leg Seams and Crotch Seam

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●●● Pin, tack and machine stitch the crotch seam Press and neaten seam

8. **The Crotch Seam**: Turn one assembled trouser leg right side out and insert it into the other leg (which is wrong side out). Correctly align the front and back crotch curves, matching up the notches and seam allowances. Pin, tack, and machine stitch the entire crotch seam smoothly.

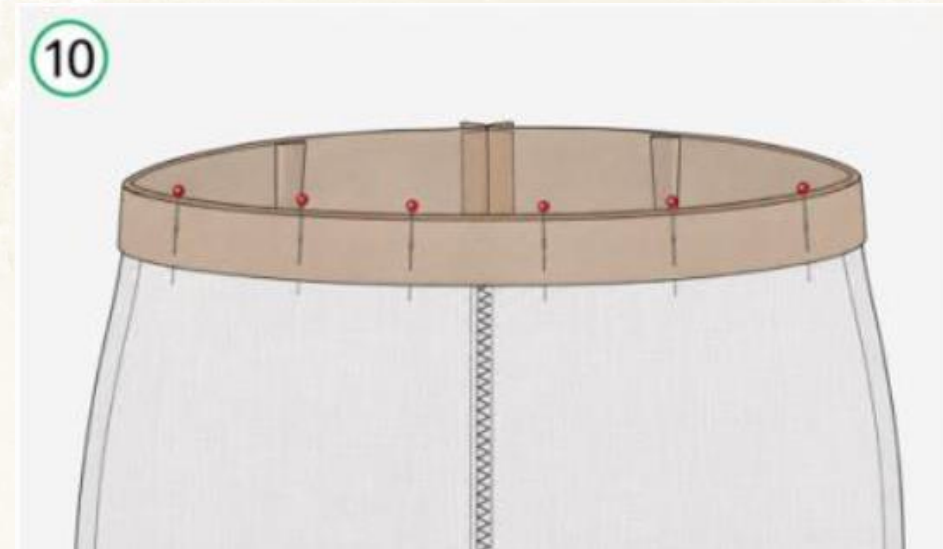


9. **Press & Neaten Crotch**: Safely press the curved crotch seam open. Finish the raw edges using a zigzag stitch on the machine to guarantee the garment's durability.

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●●● Prepare the waistband - Pin and tack

10. **Waistband Preparation**: Locate your fabric waistband piece. Fold it, press it with the iron, and align it along the top edge of your trousers. Pin and tack it in place so it is secure and perfectly prepared for final machine stitching.



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Conclusion

Session 4:

FAME SKILLS PASSPORT

Participant Name: _____

Skill	✓ I can do this independently	✓ I can do this with some support	✓ I need more practice
Join the trouser legs by pinning and tacking the crotch seam.	☐	☐	☐
Machine stitch the crotch seam accurately using the correct seam allowance.	☐	☐	☐
Press the crotch seam open safely and correctly.	☐	☐	☐
Neaten raw edges using a zigzag stitch.	☐	☐	☐
Prepare the waistband by folding, pinning and tacking it correctly.	☐	☐	☐
Use sewing equipment safely and follow workshop procedures.	☐	☐	☐
Work independently and ask for help when needed.	☐	☐	☐

Reflection:

The skill I feel most confident about today:

One skill I would like to improve:

One thing I am proud of today:

Trainer feedback:



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FAME SKILLS PASSPORT

Participant Name: _____

Skill	✓ I can do this independently	✓ I can do this with some support	✓ I need more practice
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Work independently and ask for help when needed.	☐	☐	☐

Reflection:**The skill I feel most confident about today:**

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